

## ***“Straight” Chiropractic***

Straight chiropractic is defined as a vitalistic philosophy of Life and health, and the art and science of locating, analyzing and correcting ‘vertebral subluxation’.

Straight chiropractic is based on the premise that living things have an innate striving toward organization, and that the vertebral subluxation is an abnormal, but most often correctable condition, which interferes with the expression of that Life process.

“Straight” means a total commitment to the teaching, research and practice of chiropractic focused on correcting vertebral subluxation.

Central to chiropractic is this ‘vertebral subluxation’, a condition in which a vertebra becomes slightly misaligned with an adjacent segment in such a way as to disturb healthy nerve function. This reaction of the body is secondary to tensions held within the connective tissues of the brain

and spinal cord, called the ***meninges.***) The practice objective of straight chiropractic is to locate, analyze and correct vertebral subluxation (based upon the original doctrines of chiropractic).

Chiropractic recognized that the body possesses a unique internal wisdom that continually strives to maintain a state of health. This wisdom is innate, instinctive. This innate intelligence works to maintain normal body functions, such as normal heart rate, blood pressure and adrenaline production; this same intelligence directs our bodily function to continuously adapt to an ever-changing environment.

Chiropractic’s concern goes beyond diagnosis and treatment of symptoms and conditions, but rather, the focus is with vertebral subluxation and its influence on health and health maintenance.

***Network Chiropractic and CranioSacral adjusting are low force works, which are used to bring ease to the connective tissues around the brain and spinal cord.***

## **Network Chiropractic**



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## ***“Subluxation” Based Chiropractic***

The responses of the body/mind to various environmental stimuli (inside the body and from outside of the body) are the result of pre-conditioned reactions of the central nervous system (CNS) to these environmental changes. Any reaction to mental thoughts, chemical overloads, and physical exertion is relative to the neurological patterns, which have been programmed previously into the nervous system. These excesses are, in themselves, not creating the spinal energetic blockage, AKA subluxation; but rather the nervous system **response** to these overloads is creating the subluxation pattern (spinal imbalance).

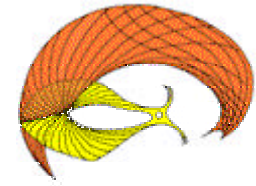
In other words, the signs and symptoms of “dis-ease” are the physical representation of neurological reactivity/response to physical/chemical/emotional overloads.

Spinal subluxations do block Life force, while they do not cause

themselves. These neurological patterns continue to create disturbance within the energetic fields of the body, producing further exaggeration of neurological response and deviation from proper flow of Mental impulses, to and from the CNS. This impaired process further reinforces old dominant patterns—and on and on—showing up as signs and symptoms of dis-ease.

Releasing old stuck patterns, through spinal and cranial adjustments, eases the meningeal (mental/emotional and chemical) tensions, which are held within the spine. Allowing Ease continually provides an environment, which is less reactive to “old stuff”, while being more conducive to healing the irritability, which further adds to these spinal distortions. Alleviation of old inflexible imbalances release the patient from old holding patterns in chemical makeup, mental/emotional state, and physical constitution.

***Network Chiropractic  
Supports Straight Chiropractic  
Principle***



***It is only through shift in  
neurological perspective  
that true Healing takes place.***

For those readers who would like further information regarding Network Chiropractic care and the potentials of quality of life changes, please visit this link on the World Wide Web, <http://www.10AC.com>.

In my practice, I have extended the straight definition to include the cranium (which houses the central nervous system). Cranial adjusting fully encompasses the principles of neurological ease and healing, within its philosophy, art, and science.

Both Network and Cranial methods utilize protocols of adjusting which assists the body in bringing itself to ease; the optimal environment for healing.